



## **Introducing Jesism**

Jes Rains



## What is Jesism

Jesism is *this*. Jesism is whatsoever is - Jesism is *what-is*. Jesism is this computer, your eyes. Jesism is the air, the clouds, the ponds and ocean, the crash on the six o'clock news, the war in a foreign land, the wedding at the local church, the unnoticed death, the celebrated birth.

Jesism is *all things*. Jesism is even all of the non-things: thoughts, fears, desires, hatreds, confusions, stupidities. These non-things are *concocted*. Our fantasies are *concoctions*. All of the concocted reactions to *what-is*. All of the fantasies, hallucinations, daydreams, imaginations.

There is no thing which is not *Jesism*.

Jesism is *what-is*.

Jesism is *This*.

One such thing which is Jesism is the negation of *what-is*. This includes all concocted desires, hatreds, and stupidities. This layer of confusion *is* Jesism; however. What-is, meaning life, meaning reality, is made to be more complicated than it is by the *mind*. And the result is the burden of the unnecessary descriptions and reactions. It is a basic claim of Jesism that this burden is the worst torment this world has to offer, incomparable to physical torture, loss of love, or other pain. I don't expect you to believe me. But some of you are going to come forward and investigate this claim - the long way.

Everyday human madness is Jesism, the madness of the everyday human *is*; however, according to the *Teachings of Jesism*, the teachings of what-is, this concocted madness is something we are better off without. It takes time for people to become clear of this.

The Teachings of Jesism highlights the patterns of what-is, the patterns of concocted what-is within that, and the way to diffuse that concoction to life a simpler, easier, more pleasurable life. It is the claim of Jesism that the life free of



concoction alone, with disease, up one's anguished deathbed is far more preferable to young, rich, famous, and healthy. I don't expect you to believe me. But some of you are going to come forward and investigate this claim - the long way.

It just so happens that Jesism is the most challenging of any path in life. Meaning there is nothing more challenging than simply *accepting the way things are, as-they-are* - accepting *what-is, as-it-is*. On the other side of that challenge is the greatest relief.

"Jes" is a sound and a symbol that has been ascribed as a name to a person who has lived through the process of unconcocting madness. This way of life or *reality* is named after him (me) *only* because he *serves* both as the voice and *example* of the teachings, for the purpose of illustration.

We might just as well call it dog-shit-ism or puppet-ism as we do "Jesism." The fact that this lump of flesh conventionally identified as "Jes" is *seen* as producing the messages, as well as modeling them, is the only reason for the word "Jesism" rather than "Tooth Fairy-ism." The ideal world for Jesism might be "nature," "natural law," "life," or "complete physics," or what have you. I honestly am tempted to call it "This-ism". It is an unfortunate fact that people take more seriously concepts which are personified, but I would not be practicing Jesism if I denied that reality. So here we are talking about an -ism named after this guy named Jes.

### **The Patterns of What-Is**

What-is, meaning reality, is devoid of patterns. There are no patterns in life. All patterns are an illusion. I suppose what makes Jesism different from reality is that Jesism is a multimedia guide from concocted reality to unconcocted reality. *Jesism is itself concocted*. Jesism is the concoction that has the power to unconcoct. Within unconcocted reality, where Jesism is taking you, there is no Jesism, no you, no concocted or unconcocted reality. There is only *this*. And that's where you've always been, where you already are.



Jes the guy (me) has reflected on his own journey and produced five (at the time of this writing) statements which when fully understood and *lived* have the power to unconcocted reality. These statements can therefore be said to not only *lead* to liberation, but to *be* liberation itself when fully understood and lived. Thus these are statements of liberation.

Furthermore these statements can and should be seen by someone who wishes to be liberated from delusion, fantasy, haywire emotions and thoughts, as laws. For within an enlightened reflection on perfect intimacy unconcocted reality, one can recognize these Five Laws of Liberation to govern all phenomena within unconcocted reality. To see these laws clearly - more clearly than any object you have ever seen - is to be free from all the burdens in this world which have spawned from making life out to be much more than what it really is - and much *less...* rhymes with *Jes*.

### **Five Laws of Liberation**

1. Life is Unsatisfactory
2. Life is Change
3. Life Lacks Self\*
4. Life is Empty
5. Life is Perfect

\* These four "is" -es means at all times, without relenting, without exception, perfectly, through and through

\*\* "Lacks" means that there is no self in this world. The self can not be found in this world.

### **The Patterns of Concocted What-Is**

Also known as the Five Fantasies of Slavery, these patterns that promote and maintain concocted What-Is. They are the exact inverse of the Five Laws of Liberation. To dissolve slavery is to enhance liberation. Jesism teaches us that



our actions are profoundly important, because it is also true that to enhance slavery is to dissolve liberation.

### **Five Laws of Slavery**

1. Life Contains Satisfaction
2. Life Contains Stability
3. Life Contains the Self
4. Life Contains Phenomena
5. Life Contains Imperfection

\* “Contains” means has even the slightest trace of (or more)

### **Two Ways to Realize the Laws of Liberation**

1. Perfection Meditation (see descriptions at [www.Jes-ism.com/glimpses-of-Jesism](http://www.Jes-ism.com/glimpses-of-Jesism))
2. Considering, *investigating*, the Teachings of Jesism through recordings or direct communication with Jes

### **Not Spiritual, Religious, Clanish, Cliquish, Ish-ish.**

One may practice Jesism and any other -ism at the same time, such as Christianity, Scientology, Astrology, Witchcraft, or what have you, without fear that practicing Jesism will compete with your existing affiliations in any way.

One may practice Jesism regardless of one’s conventional moral standing such as being a harmful person, criminal, or being otherwise seen as morally “unsavory.”

One may practice Jesism regardless of political, sexual, racial, or any other orientation, without fear that practicing Jesism will compete with your existing affiliations in any way.



You are not asked to believe anything in Jesism.

## Conclusion

This is what Jesism is - *this*. This is what Jesism distinguishes: *this* and concocted *this*. This is what Jesism judges: concocted *this* is the worst torture in the world - for each of us - by far. This is what Jesism teaches - concocted *this* abides perfectly by Five Laws which lead to Liberation; and concocted *this* which is tormenting abides by Five Fantasies which lead to Slavery. This is how Jesism delivers that teaching - by providing instruction and coaching in the art of Perfection Meditation and providing a view of the world that is consistent with the Five Laws of Liberation in recordings and direct communication with Jes. This is who is excluded from investigating Jesism - no one on earth. This is who Jesism excludes from the hearts of those who investigate Jesism - no other viewpoint, leader, thinker, messiah, or god. The test of your involvement is whether or not you are going to contribute to the community's effort to unconcoct their awareness. In that regard it is not a matter of what you bring or leave to the table, but the manner in which you *sit* at the table.